

Do Not Disturb Focus - iPhone - iOS 18

Do Not Disturb (DND)



Focus

When activated:

- Silences Calls
- Silences Alerts
- Silences Notifications

- DND is in Settings for Focus.
- Settings > Focus

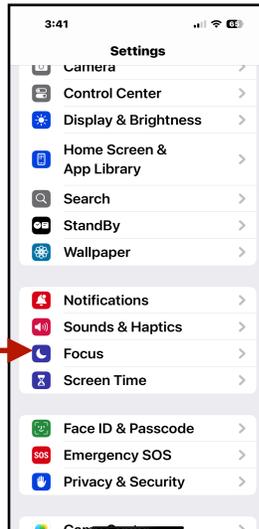
- Alerts are from new Messages, emails, etc.
- To see alerts from locked screen: swipe up from middle of screen.
- Unlocked: swipe down from top center.

DND Focus

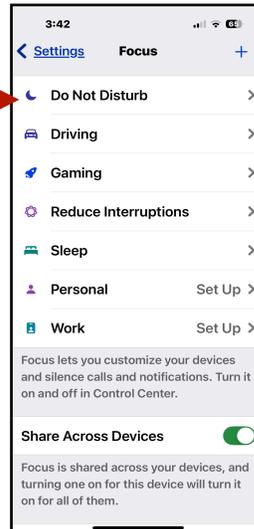


Tap Settings

Tap Focus



Tap

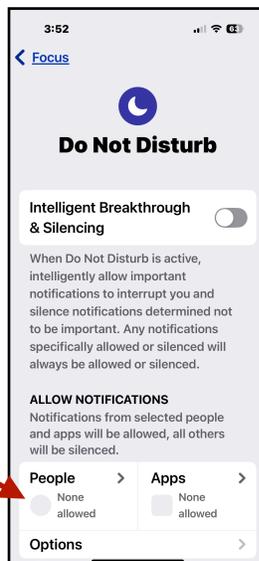


iPhone 16

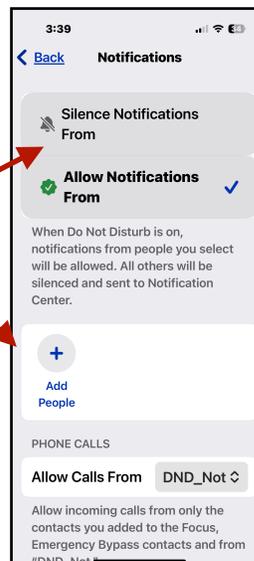


DND Exceptions

1. Tap Settings
2. Tap Focus
3. Tap DND
4. Tap People

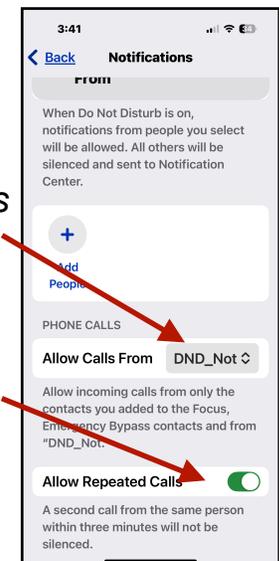


Options



A List made in Contacts

Option



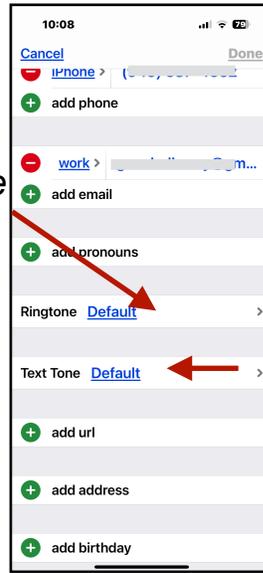
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DND Exceptions via Contacts

Open desired Contact Card & tap Edit



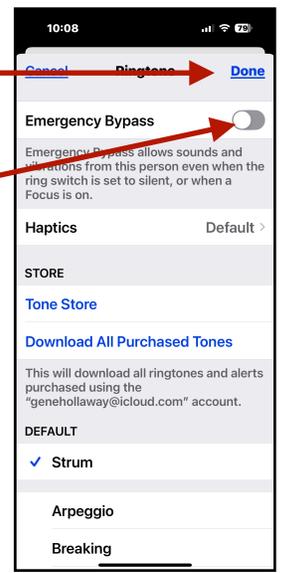
Tap Ringtone



Done

Turn on

Repeat for Text Tone



DND from the Control Center



Accessing DND from the Control Center may be more convenient

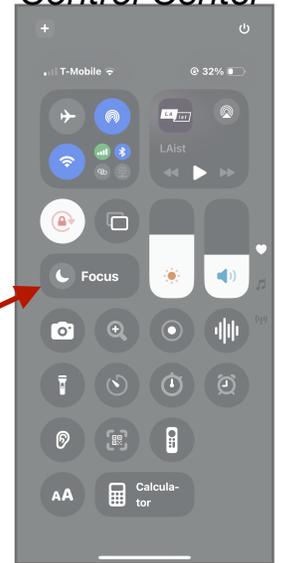
To open Control Center

With a home button: swipe up from bottom of the phone frame.

No Home Button: swipe down from the upper right corner.

Tap Focus

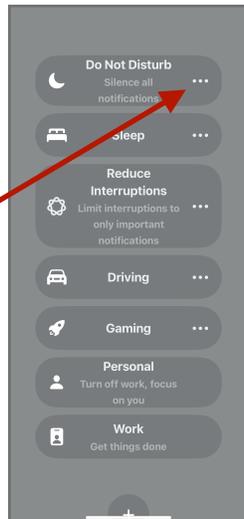
Control Center



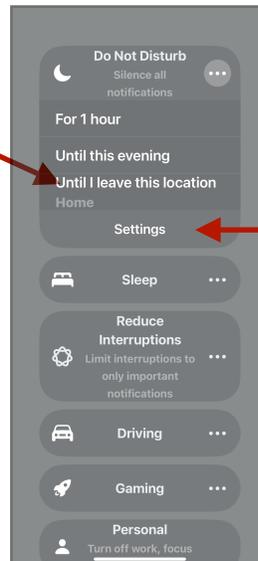
DND from the Control Center

Tap the 3 Dot menu

Focus Options



Tap to select option



Tapping Settings opens this page

